



LOCATION: IU Natatorium, Indianapolis, IN

DATE: November 19-21, 2010

FOR MEET INFORMATION CONTACT: Jay Watson We4watsons@sbcglobal.net

MEET WEBSITE: www.imxindy.org

LSCs PARTICIPATING IN THE NORTHERN MID-WEST REGION MEET

Illinois, Indiana, Iowa, Kentucky, Lake Erie, Michigan, Midwestern, Minnesota
North Dakota, Ohio, South Dakota, Wisconsin

Ages: 11-14 Boys and Girls

Athletes will compete in all IMX events specified for each age category

Single Age Groups (Award Top 16 in each age group & gender)

25 Yard Course for competition-with separate warm-up/cool-down pool

Team Awards: 1st - 3rd place at each site

QUALIFICATION STANDARD & QUALIFYING PERIOD

- Follow IMX program guidelines (Qualifying standards are the same for SCY & LCM)
- The Qualifying standard will be minimum of 1800 pts for all locations, ages & genders
- Qualifying Period : Sept 1, 2009 up to the entry Deadline

Age of the athlete will be the first day of the competition

Any swimmer that is 11-14 yrs old is eligible for the meet who has achieved the minimum qualifying score in any age during the qualifying period .

(i.e. A swimmer who has achieved a minimum qualifying score as a 10 yr. old and ages up to 11 prior to the start of the meet will be eligible to enter the meet. A 12 yr. old who has achieved the minimum qualifying score but ages up to 13 prior to the start of the meet will be eligible to enter the meet and compete as a 13 yr. old.)

For more information on the IM Xtreme Games visit the USA Swimming Website at:
WWW.USASWIMMING.ORG or contact Tony Young at tony@inswimming.org