

# 35<sup>th</sup> VIKING SWIMMING AND DIVING INVITATIONAL



*The Robert F. Busbey Natatorium*  
**CLEVELAND STATE UNIVERSITY**



October 2009

Dear Coach,

The Saint Ignatius Wildcats Swimming and Diving Team extends to you a hearty invitation to compete in the 35<sup>th</sup> Viking Swimming and Diving Invitational on Saturday, December 19, 2009 at CSU. We expect to have another great event this year.

**Location:** The Robert F. Busbey Natatorium  
Cleveland State University  
East 24<sup>th</sup> Street between Euclid and Chester Ave.  
Cleveland, Ohio [["RC" on csuohio.edu/aboutcsu/campusmap.pdf](http://rc.csuohio.edu/aboutcsu/campusmap.pdf)]

**Date:** Saturday, December 19, 2009  
Doors open at 6:15 am

**Time:** Coaches' meeting at 6:45 am  
Prelims warm-ups at 7 am  
Finals warm-ups at 5:15 pm  
Prelims begin at 8 am  
Finals begin at 6 pm

This packet of information is designed to help you understand all meet requirements for swimmers and divers: entry, cost, deadlines, qualifying times, diving information, USA-S observation forms, CSU waivers, and more. Please take a moment to look over this entire packet *now* to avoid surprises later on.

We are required to limit entries to *the first 600 swimmers, properly entered and paid*. The Cleveland Fire Marshall has made this very clear.

- We will begin accepting entries on Friday, November 13th, 2009
- The Viking entry deadline is Friday, December 11th, 2009

Due to the popularity of this event, *the meet will probably close well before the deadline. Late or deck entries will not be accepted.* It is incumbent upon you, therefore, to submit completed entries as soon as possible. Please double-check your online and hard copy forms, making certain that every swimmer and diver is entered correctly, qualifying times are accurate, and fees are properly computed. Once the meet is closed, *we cannot make any changes.* In order to be fair to all coaches, there will be *no exceptions.*

We will be following the swimming rules as dictated by the Ohio High School Athletic Association (OHSAA). Results will be posted on [www.swimmeet.com](http://www.swimmeet.com) after the event.

When you check in at CSU, you must turn in a signed Cleveland State University Participant Release and Waiver of Liability form *for each swimmer*. *If the swimmer is under the age of 18 years, the Parent's Consent form must also be completed and returned prior to warm-ups.* The two pages are located at the end of this packet. Likewise, diving sheets must be signed and turned in at check-in *before* the meet.

The consent forms and this entire packet will also be available online at [stigswim.org](http://stigswim.org). Parents can be directed to that site for your convenience.

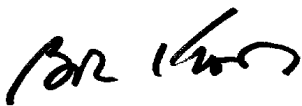
Competitive Aquatic Supply (CAS/[casswimshop.com](http://casswimshop.com)) from Canton will be on hand to provide last minute necessities and bargains for your athletes. We are grateful for their professional assistance.

Viking T-shirts will be on sale again with more of the smaller sizes the swimmers and divers were looking for last year. Short and long sleeve for \$12 and \$15.

Finally, there is a new scoreboard at the Busbey pool. We may be able to link *your school logo* with names of swimmers when we post results. No promises, but if you send your logo to me as an email attachment, we will do everything possible to add this special touch to the event. This is all new, but we will give it our best shot. Please send your logo JPG file and all questions to Bob Kloos: [bkloos@sbcglobal.net](mailto:bkloos@sbcglobal.net), or 216.932.1733.

Feel free to contact Viking Co-directors at anytime with questions or comments. We hope to see you on December 19, 2009 at CSU. Saint Ignatius Swimming and Diving wishes you all the best during the coming season!

Sincerely,



Bob Kloos  
Co-director  
[bkloos@sbcglobal.net](mailto:bkloos@sbcglobal.net)



Chris Phriem  
Co-director  
[chrispfriem@1acg.com](mailto:chrispfriem@1acg.com)

## Coaches' Notes

- A meeting for all coaches will be held before the start of warm-ups at 6:45 am near the pool office where you checked in.
- At check in, you will receive heat sheets and meet rules. Because it will be a crowded event, it is our hope and our expectation that your athletes will comport themselves respectfully, keep their area clear of debris, and be watchful of their belongings. Please discourage swimmers and divers from bringing valuables on deck.
- We will be doing dive-overs during the preliminary session for all events using the forward start. Please make sure you tell your swimmers to remain in the pool until after the next heat has started.
- The top ten swimmers in each individual event and top ten teams in each relay event will qualify for Finals. The next ten fastest individuals *and* relay teams will be invited to compete in a consolation final heat. However, there will be no consolation finals for the 500 Freestyle.
- If the referee determines that the meet is running long, the four fastest heats of the 500 Freestyle will be swum in the order of the events listed below. All remaining heats of the 500 Freestyle will be swum after the 400 Freestyle Relay (last prelim event) during the diving warm-ups.

## Qualifying Standards

GIRLS EVENTS			Bonus	BOYS EVENTS			Bonus
200 Medley Relay	2:02.50	N/A		200 Medley Relay	1:52.50	N/A	
200 Freestyle	2:07.00	2:09.49		200 Freestyle	1:55.09	1:58.09	
200 IM	2:24.19	2:26.99		200 IM	2:11.69	2:15.09	
50 Freestyle	26.89	27.99		50 Freestyle	24.49	25.29	
100 Butterfly	1:06.29	1:07.79		100 Butterfly	1:00.09	1:02.89	
100 Freestyle	58.19	1:00.79		100 Freestyle	53.59	55.19	
500 Freestyle	5:32.89	5:47.39		500 Freestyle	5:17.69	5:24.29	
200 Freestyle Relay	1:53.00	N/A		200 Freestyle Relay	1:38.00	N/A	
100 Backstroke	1:06.19	1:07.79		100 Backstroke	59.19	1:01.09	
100 Breaststroke	1:14.00	1:15.69		100 Breaststroke	1:08.89	1:12.09	
400 Freestyle Relay	4:10.00	N/A		400 Freestyle Relay	3:32.00	N/A	

**Note:** We reserve the right to refuse entries by teams that abuse the qualifying times. A team that has an excessive number of athletes not making the time standards in events may be asked to prove entry times. If proof cannot be provided, invitations to future Vikings may be withheld. Thank you.

## **Entry Guidelines**

**Individual Events:** There is no limit to the number of swimmers a team may enter in an individual event as long as each swimmer has met or bettered the qualifying standard. Each swimmer may compete in a total of *four* events of which *only two* may be individual events. The qualifying standard must have been achieved in 2009 in any High School or sanctioned USA competition. Athletes who have not met the time standards in 2009 are welcome as spectators (\$2 in the stands). *They should not be on deck or competing in the meet.*

**Relay Events:** Teams may list up to 8 swimmers for each relay event. A swimmer may be listed for all possible relays but will only be considered to be “in” a relay event if he or she actually swims it. Relay cards will be collected on deck. Relay-only swimmers *must* be included on the entry form. There *will* be a consolation heat this year for relay events.

**Bonus Events:** Swimmers qualifying for an individual or relay event have the option to participate in a total of two individual events. For example, if a swimmer has met the qualifying standard in only one individual event, that swimmer will be permitted to enter a second individual “bonus” event if he or she has a time that meets or beats the time listed on the qualifying time chart. Relay-only swimmers are *not* permitted to enter “bonus” individual events.

**Entry Fees:** The entry fee is \$12 per swimmer (or diver), regardless of the number of events. Relay-only swimmers are \$8 per swimmer, regardless of the number of relays.

**Entry Deadline:** All entries (electronic plus hard copy) and payments must be *in the hands* of Julie Bare by 5 pm on Friday, December 11th, 2009. Please retain a hard copy for your records.

Again, the meet will be limited to the first 600 swimmers entered and paid, so please email/mail entries and payments *as soon as possible*. In 2008, the meet was closed in early December. There will be no deck entries. Also, please include the names of *all* coaches in the entry file so we know how many people will be on deck.

**Send electronic entries to the email address below using HyTek Team Manager format.** No faxed entries will be accepted or entered.

Send swimming entry hard copy *and* payment to:

Julie Bare  
57 East Belmeadow Lane  
Chagrin Falls, Ohio 44022  
440 338-8659 (voice)

Email swimming entries to: [juliebare@windstream.net](mailto:juliebare@windstream.net).  
Please make checks payable to: St. Ignatius High School Athletic Department. If you are not sending a school check, please mark the name of the school on the memo line.

## Awards

No team points will be awarded at this meet. Awards can be claimed at the office where coaches checked in after Finals by *the top six swimmers in individual events and the top six teams in relay events*. Awards *must* be claimed by the winning athletes or their coaches. Relay teams, please try to come as a group.

## Admission

Admission will be a one-time fee. Once an individual has been admitted to the meet, he or she will be stamped and allowed to re-enter. There will be no additional entry fees for Finals.

Adults	\$6
Students	\$3
Non-competing swimmers and divers	\$2
Children under 6	Free
Heat Sheets – Prelims	\$4
Heat Sheets – Finals	\$2

## Coach's notes regarding USA-S observation

The meet has been approved for USA-S observation. The meet will be a "blanket" observation but the proper form must be turned in at the timer's table *before* the start of warm-ups. Forms will be available at the meet.

**This form must include the swimmers USA ID and the full legal name and birth date of the athlete.** Forms without the USA ID cannot be processed.

Please make your own duplicate copies as required. Swims to be observed must have a reasonable chance of meeting USA Swimming Championship, National, World Cup or U.S. Open qualifying standards.

NTV requests that are made after the conclusion of the meet are subject to a \$5.00 administrative processing fee for each request. Late requests should be made directly to:

Chuck Kunsman  
Viking Referee  
26800 Farringdon Ave.  
Euclid, OH 44132

Please include \$5 fee in check form made out to: **Lake Erie Swimming, Inc.**

Times are uploaded to USA Swimming and can be viewed at the fast times link:  
[www.usa-swimming.org](http://www.usa-swimming.org)

If you or a coach requested a time and do not find it on the web site within two weeks contact Chuck Kunsman with the relevant information.

Thank you for your cooperation.

Chuck Kunsman, Referee  
NTV Chair, Lake Erie Swimming, Inc.  
[chuck163@yahoo.com](mailto:chuck163@yahoo.com)

*Diving information on next page.  
Thanks.*

## Diving Information

The format for this year's meet is as follows:

- The diver must achieve a minimum score of 190 points in a dual meet. The dual meet must be held between the dates of January 1, 2009 and December 11th, 2009.
- Diver's entries must include a completed diving sheet meeting the requirements listed below (changes to the sheet will be allowed up to 1 hour prior to the event), and proof of qualifying in the form of an official meet result sheet, signed by the diver, his/her coach, and an official (name and phone number must be legible). Entries must be in my hand no later than Saturday, December 12th, 2009, at 5:00PM. **If more than 18 entries for boys or 18 girls are received, the field will be cut to the top 18 scores in each group.**
- The competition will be an 11-dive format. In the preliminary rounds (first 5 dives), the diver must do 2 voluntaries, and 3 optional dives. In the semi-final rounds (next 3 dives) the diver must do 2 voluntaries, and 1 optional. The diver must perform at least 1 dive from each group by the end of the 8<sup>th</sup> round. In the final round (last 3 dives), the diver must do 1 voluntary, and 2 optionals. One of the three final dives must be the diver's sixth optional.
- The six optional dives to be performed in the meet must have a minimum degree of difficulty of **12.7** for girls, and **13.5** for boys. **All optional dives must have a minimum degree of difficulty of 2.0. Dive 5122 may be used as optional dive for GIRLS ONLY.**
- Open warm up will begin immediately after the completion of the swimming prelims and will last for 1 hour. Approximate starting time for the diving competition will be between 1:45 and 2:45 PM. We will run the girls' and boys' competition concurrently.
- We will cut to the *top ten divers* after the preliminary rounds, and the *top six* after the semi-final rounds.
- All hard copy entries and proof of qualifying must be postmarked by Friday, December 11 to:

Jenny Rosenberg  
12376 Steeplechase Lane  
Strongsville, OH 44149  
Phone: (440) 238-0757  
Email entries can be sent to: [jenster59@yahoo.com](mailto:jenster59@yahoo.com)

Please direct all questions to: Tim Croy at 216.247.4737, or [Tim@bereadivingclub.com](mailto:Tim@bereadivingclub.com).

Good Luck to all divers and their coaches.

