

PARKVIEW POOL 10th ANNUAL 25 METER SUMMER SIZZLER AGE GROUP AND OPEN MEET

Sponsored by
MAYFIELD VILLAGE RECREATION DEPARTMENT
JULY 26, 2009

Held under USA Swimming Approval # LE 938 AL and Time Trails # LE 938 TT

LOCATION: Parkview Pool, 425 North Commons Blvd., Mayfield Village. Parkview Pool is located between Highland Road and White Road off SOM Center Road (Rt. 91).

POOL: 25 meters by 10 lanes, Daktronics, Inc. Timing System. Continuous warm-up and warm-down is available in the diving well.

POOL MEASUREMENTS: The competition pool has not been certified in accordance with 104.2.2C (4) of the USA Swimming Rules and Regulations.

STARTING TIMES: Sunday morning session warm-ups will be 8:00 – 8:45 a.m. with competition starting at 8:50 a.m. Afternoon warm-ups will begin 15 minutes after the conclusion of the morning session. Afternoon warm-ups will be 45 minutes. Estimated afternoon start times will be posted on www.lakeerieswimming.com by Thursday, July 23. At the discretion of the Meet Safety Director, warm ups may be split by gender or age group or team. The finalized warm-up plan will be posted on www.lakeerieswimming.com by Thursday, July 23.

ENTRY DEADLINE: Entries must be postmarked by **Thursday, July 16, 2009** and must be received by **Saturday, July 18, 2009**. The meet host reserves the right to close the meet prior to the entry deadline in order to keep things manageable. Please check the Lake Erie Swimming website (www.lakeerieswimming.com) for the event file. Electronic entries must be received by the postmark deadline (Thursday, July 16, 2009) or before the meet is closed. Hard copy and check must be received by Saturday, July 18, 2009. Mail entries to Marie Salibra, 1638 Berkshire Rd., Gates Mills, OH 44040 or e-mail: marie@salibra.net.

ENTRY TIMES: Please enter all times in yards.

ENTRY FEES: Individual events \$3.00; Relays: \$6.00. Make checks payable to **Mayfield Village**.

ENTRY LIMITATION: **12 and Under** Swimmers may enter **THREE (3)** events, exclusive of relays. **13 and Over** swimmers may enter **FOUR (4)** events, exclusive of relays. Age of swimmer is as of July 26, 2009.

DECK ENTRIES: Deck entries will be accepted on a space available basis at \$6.00/individual event and \$12.00/relay until 35 minutes prior to each session. Deck entries will fill the empty lanes and be seeded at "NO TIME" (NT). Remember, switching events constitutes a deck entry!

TIME TRIALS: Time trials may be offered after the morning and afternoon sessions at the discretion of the meet director and meet referee. Swimmers must sign up in advance at the deck entry office at a cost will be \$6.00 per individual event and \$12.00 per relay. Time trials (limit one per swimmer) **will not be** considered part of the 3 event per day rule for the 12 and under swimmers or the 4 event per day for the 13 and over swimmers. They will be **limited** to swimmers entered in an individual event at the meet. Time trials entries will close 90 minutes prior to the end of each session. The meet director reserves the right to limit the number of time trials.

ELGIBILITY: This is an approved meet; therefore you do not need to be USA Swimming registered. If you are USA Swimming registered please indicate your USA Swimming number on the entry form. If you are not a USA Swimming registered swimmer, please complete the enclosed liability waiver and consent to emergency medical treatment. All non-USA Swimming registered swimmers must complete this form in order to participate in the meet.

QUALIFYING TIMES: There are no qualifying times for this meet.

SWIMMERS WITH A DISABILITY: Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) list in the email accompanying the Hy-Tek entry

file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

CONDUCT: The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations. Swimmers can still achieve a cut for zones at this meet. Events will be contested in a 25-meter course. All events are timed finals. The 25's will start in the water from the shallow end of the pool.

SEEDING & CHECK IN: All events other than the 400 freestyle will be pre-seeded. Swimmers must check in at least 30 minutes prior to the start of their session for the 400 freestyle or they will not be seeded. Check in sheets will be posted near the deck entry office.

CLERK OF COURSE: All morning swimmers (10 and under girls and 12 and under boys) must report to the Clerk of Course when their event is on call. All afternoon swimmers (11 and over girls and 13 and over boys) – heat and lane assignment will be posted in announced locations and you **must** report to the blocks on time for your events.

AWARDS: Individual Events: - medals – 1 – 3; ribbons – 4 - 10
 Relay Events: - medals – 1 – 3; ribbons – 4 – 10

Awards will be given to the coach at the conclusion of the meet.

ADMISSION: \$3.00/person. Children under 5 years of age are free.
 Heat Sheets - \$3.00

RESULTS: Will be posted on www.lakeerieswimming.com. Teams may request a backup at the conclusion of the meet.

SAFETY/WARM-UP: Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. Coaches must maintain contact with their swimmers during warm-up. All entry into the pool for warm-up is feet first from the starting block end of the pool. There is no diving during warm-up, except in designated sprint lanes. The final 20 minutes of a 45-minute warm-up shall be conducted as follows:

- (a) Lanes 1 & 10 push/pace from the start end of the pool (or general warm-up at the discretion of Meet Referee or his/her designee).
- (b) Lanes 2 & 9 sprint lanes for racing starts from the starting block end of the pool, one length only and exiting the pool
- (c) Lanes 3-8 general warm-up, no diving or racing starts. Any or all of these lanes may be converted to sprint lanes at the discretion of the Meet Referee or his/her designee.

Swimmers are to sprint one way and climb out at the far end of the pool. Swimmers may be removed from warm-up for violating safety rules. Continuous warm-up and warm-down will be available in the diving well.

No recording devices, including cell phones, can be used in the locker rooms at the site of a swim practice or meet.

OFFICIATING OPPORTUNITY – Anyone that is a USA Swimming certified official is welcome and encouraged to join the Lake Erie Swimming (LES) officials in officiating this meet. Please contact the meet director, Sarah Tobin, or LES's Officials Chair, Chuck Kunsman, in advance of the meet if at all possible to let either know of your availability. The meet director's and Chuck's contact information is listed below. We are also looking for anyone that is interested in becoming an official, for more information please contact the Official's Chair, Chuck Kunsman.

Meet Director's E-mail: Sarah Tobin: E-mail: shakerswimming@msn.com

Official's Chair: Chuck Kunsman: E-mail: chuck163@yahoo.com

COACHES: Coaches Packets will be available in the deck entry office.

UNSUPERVISED SWIMMERS: Swimmers without coach supervision must contact the Meet Director or Meet Referee to be assigned to a coach on deck.

EVACUATION: In case of an emergency, please exit the pool area through the lobby out the main entrance.

NOTE: Coaches are responsible for the conduct of their swimmers. We need the full cooperation of coaches, swimmers and parents regarding conduct and in being sure that swim meet participants and spectators remain in the designated areas which includes: the pool, the grandstand area, the main lobby, and the locker rooms. Only athletes entered in the meet, working coaches, officials, and meet workers are allowed on deck. Other non-participants are expected to remain in the spectator area.

PARKING PASSES: Coaches - please show your USA Swimming coaches card to the police officer directing traffic and you will be permitted to park in the lot by the pool. If you are not a USA Swimming registered coach, please include your email address on the summary sheet and indicate how many parking passes you will need. We will email you a parking pass prior to the meet. Non-USA Swimming coaches will need to give their name to the police officer and show their parking pass upon arrival.

VOLUNTEERS: Volunteers will be needed. If you are willing to volunteer, please email Sarah Tobin (shakerswimming@msn.com). Volunteers' names will be given to the police officer and they will be permitted to park in the parking lot near the pool. All volunteers will receive a t-shirt.

PARKING: Parents should park in the far left parking lot of Progressive Insurance past the pool after you have turned onto Parkview Drive. Lolley the Trolley will be available to shuttle swimmers and parents to and from the pool.

MEET DIRECTOR: Sarah Tobin: phone 440-552-7023; e-mail shakerswimming@msn.com

SAFETY DIRECTOR: Frank Zatko; e-mail coachz@apk.net

ENTRY PERSON: Marie Salibra: home phone 440-423-3852; e-mail marie@salibra.net

Parkview Pool Telephone Number – 440-446-1688
Weather/Meet Cancellation Number – 440-954-4114

DIRECTIONS:

If you are heading south on I-271, exit Wilson Mills Rd., turn left or east on Wilson Mills Rd. to SOM Center Rd., turn left or north on SOM Center Rd. (Rt. 91) to Parkview Drive. (approximately 1.5 miles – traffic light) turn left on Parkview Drive to North Commons Blvd. Turn left to Parkview Pool.

If you are heading north on I-271, exit Wilson Mills Rd. Turn right or east on Wilson Mills Rd., then follow same direction above.

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AGE GROUP AND OPEN MEET**

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**MAYFIELD VILLAGE RECREATION DEPARTMENT
JULY 26, 2009**

SCHEDULE OF EVENTS

**Sunday a.m. – 8:00 a.m. Warm-up, 8:50 a.m. meet start
(Timed Finals) Sunday, July 26, 2009**

| Girls # | Cutoff Time | Age Group/Stroke | Cutoff Time | Boys # |
|---------|-------------|------------------------------|-------------|--------|
| | | 8 & Under events | | |
| 2 | | 25 free ** | | 3 |
| 7 | | 50 fly | | 8 |
| 12 | | 50 back | | 13 |
| 17 | | 25 breast ** | | 18 |
| 22 | | 50 free | | 23 |
| 27 | | 25 back ** | | 28 |
| 32 | | 50 breast | | 33 |
| 37 | | 25 fly ** | | 38 |
| | | 9 – 10 events | | |
| 4 | | 100 free | | 5 |
| 9 | | 50 fly | | 10 |
| 14 | | 100 breast | | 15 |
| 19 | | 50 back | | 20 |
| 24 | | 100 IM | | 25 |
| 29 | | 50 breast | | 30 |
| 34 | | 50 free | | 35 |
| 39 | | 100 back | | 40 |
| | | 11 – 12 events | | |
| | | 50 free | | 1 |
| | | 100 back | | 6 |
| | | 50 fly | | 11 |
| | | 200 free | | 16 |
| | | 50 back | | 21 |
| | | 100 breast | | 26 |
| | | 100 free | | 31 |
| | | 100 fly | | 36 |
| | | 50 breast | | 41 |
| | | 12 & Under events | | |
| | | 12 & under 200 free relay | | 43 |
| | | 12 & Under 400 free | | 45 |
| | | 10 & Under events | | |
| 42 | | 10 & Under 200 free relay | | |
| 44 | | 10 & Under 400 free* | | |

* there will be a 5 minute break before the 400 freestyle

** the 25 free, 25 back, 25 breast and 25 fly will start in the water at the shallow end of the pool.

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***Sunday PM - Warm-ups will begin 15 minutes after the end
of the morning session -
The meet will begin 50 minutes after the start of warm-ups
(Timed Finals)***

| Girls # | Cutoff Time | Age Group/Stroke | Cutoff Time | Boys # |
|---------|-------------|-----------------------|-------------|--------|
| | | 11 – 12 events | | |
| 48 | | 50 free | | |
| 53 | | 100 fly | | |
| 60 | | 50 breast | | |
| 65 | | 200 free | | |
| 70 | | 100 back | | |
| 75 | | 100 free | | |
| 78 | | 50 back | | |
| 81 | | 100 breast | | |
| 86 | | 50 fly | | |
| | | | | |
| | | 13-14 events | | |
| 49 | | 50 free | | 50 |
| 54 | | 100 fly | | 55 |
| 61 | | 100 breast | | 62 |
| 66 | | 200 free | | 67 |
| 71 | | 100 back | | 72 |
| 76 | | 100 free | | 77 |
| | | | | |
| | | Open | | |
| 46 | | 200 IM | | 47 |
| 51 | | 50 free | | 52 |
| 56 | | 100 fly | | 57 |
| 58 | | 50 breast | | 59 |
| 63 | | 200 free | | 64 |
| 68 | | 100 back | | 69 |
| 73 | | 100 free | | 74 |
| 79 | | 50 back | | 80 |
| 82 | | 100 breast | | 83 |
| 84 | | 50 fly | | 85 |
| 87 | | 200 free relay | | 88 |
| | | | | |
| | | 5 minute break | | |
| | | | | |
| | | Open | | |
| 89 | | 400 free | | 90 |

IF YOU ARE NOT USA SWIMMING REGISTERED, YOU MUST COMPLETE THIS CONSENT FORM AND RETURN IT WITH YOU ENTRY. EACH SWIMMER MUST COMPLETE A SEPARATE FORM.

LIABILITY WAIVER AND CONSENT TO EMERGENCY MEDICAL TREATMENT

In consideration of participating in the July 26, 2009 Parkview 25 METER SUMMER SIZZLER, AGE GROUPS AND OPEN MEET at Parkview Pool, I hereby release, discharge and hold harmless Mayfield Village, it employees, agents, volunteers and representatives from any and all claims, costs, damages, and liability from any injuries sustained by my minor child's participation in the swim meet.

This Waiver shall apply to the scheduled date of July 26, 2009 or such other date at which this event may be re-scheduled. I understand that any fees charged for the swim meet do not include accident or personal property insurance. I further represent that my child is physically capable of participating in the swim meet in which my child is registered, based upon consultation with my child's personal physician.

Parent/Guardian_____

Date_____

I hereby GIVE MY PERMISSION and consent and authorize emergency first aid and/or hospital care or treatment for my minor child if deemed necessary by qualified medical or emergency personnel, or by said employees, agents or representatives of the Village, and further agree to assume all expenses for said treatment.

Parent/Guardian_____

Date_____

EMERGENCY CONTACT INFORMATION

Name_____ Relationship_____

Phone_____

I do not give consent for emergency medical treatment of my child. In the event of illness or injury requiring emergency medical treatment, I wish authorities to take no action or to (specify):

Parent/Guardian_____

Date_____

MAYFIELD VILLAGE 25-METER SUMMER SIZZLER - SPONSORED BY MAYFIELD VILLAGE

MEET ENTRY SUMMARY PAGE

Team Name: _____ Team Code: _____

Contact Person: _____ Home Phone: _____ Pool Phone: _____

Email _____

Address: _____ City: _____ State: _____ Zip _____

| | # of Swimmers | # of Individual Events | # of Relays |
|----------------------|---------------|------------------------|-------------|
| 8 & Under Girls | | | |
| 8 & Under Boys | | | |
| 9-10 Year Old Girls | | | |
| 9-10 Year Old Boys | | | |
| 11-12 Year Old Girls | | | |
| 11-12 Year Old Boys | | | |
| 13-14 Year Old Girls | | | |
| 13-14 Year Old Boys | | | |
| Open Girls | | | |
| Open Boys | | | |
| TOTAL | | | |

_____ (total # of individual events) X \$3.00/event = \$ _____

_____ (total # of relay events) X \$6.00/relay entry = \$ _____

TOTAL AMOUNT REMITTED \$ _____

- Swimmers will be without a coach on deck: Sun. am, Sun pm.
- I have arranged for my swimmer/s to be supervised by _____.
- A coach will be at the meet

Please indicate how many coaches will be attending: _____

I VERIFY THAT EVERY SWIMMER LISTED ON THE ENCLOSED ENTRY FORM IS A REGISTERED ATHLETE MEMBER OF USA SWIMMING OR HAS SIGNED THE ENCLOSED LIABILITY.

SIGNED: _____ (coach or member team representative). DATE: _____

Make checks payable MAYFIELD VILLAGE and mail to: MARIE SALIBRA, 1638 BERKSHIRE RD., GATES MILLS, OH 44040 (E-MAIL: marie@salibra.net). **Please note:** All entries submitted with this sheet should be covered by a single check. Kindly do not send multiple checks with a single entry form. **DEADLINE FOR RECEIPT IS JULY 18, 2009.** This sheet must accompany all entries, including HY-TEK Meet Manager disk entries.

E-mail the results to: _____

