

2007 Solon Stars Bronze Breakout Swim Meet
Hosted by Solon Stars Swim Club
Held under USA Swimming Sanction Number 769 S

SLOWER THAN NAG "B" TIME STANDARDS

Sunday – October 21, 2007
At Solon High School Pool

Location: Solon High School Natatorium, 33600 Inwood Road, Solon, Ohio 44139

Pool: 25 yard/8 lanes, electronic timing with 8 lane board, locker rooms, elevated spectator area

Starting Times:

Sunday

Morning session:

7:30 a.m. to 8:30 a.m. warm-up - 7:30 a.m. girls - 8:00 a.m. boys
(meet starts at 8:35 a.m.)

There will be a 15-minute break at the conclusion of the morning session

Afternoon session:

Warm-ups time will be posted on www.lakeerieswimming.com and www.solonstars.com on Wednesday Oct. 18th. There will be a combined warm-up for 45 minutes (meet will start 5 minutes later). Continuous warm-up and warm-down will be available in the diving well.

At the discretion of the Safety Director, warm ups may be split by gender or age group or team.

- **This will be the first stop in the passport series meets. Swimmers participating in this meet can pick up their passports and have them stamped at the awards table located in the gymnasium. Teams assigned to this meet are:**
CCS,CFYN,GO,HEAT,HSC,MAC,NCS,NEWS,PAC,PS,RYD,SHSH,STRS,TTS,USC,WHAT,WEST,
- **YES,AND YYN.**

Entry Deadline:

The due date for entries, electronic or otherwise, is Monday, October 8th, 2007. Hard copy, meet summary sheet and check must be received by Wednesday, October 10th, 2007. The meet will be closed before the entry deadline if the sessions are estimated to be at four hours; so mail early. Swimmers who no longer satisfy the time standard in an event may change events or withdraw from an event or the meet and receive a full refund. Mail entries to Carol Telljohann, 34581 Southside Park, Solon, Ohio 44139, or e-mail to telljohann@sbcglobal.net. **Telephone entries will not be accepted.** A Hy-Tek meet entry summary report (by swimmer) must accompany the entry that is submitted on disk or e-mail. Entries will not be accepted until the following is received (by the above deadline) a check for the entry fee, a signed meet entry form and Hy-Tek summary report. All teams should submit entries on disk compatible with SDIF format.

Entry Fees:

Individual events \$3.00; Relays \$6.00; a \$2.00 per swimmer surcharge (for the Lake Erie Zone Team fund). Fees must accompany all entries. Please pay all team entries with a single check, made payable to "**Solon Stars Swim Club**".

Entry Limitations:

Each swimmer may enter 5 events for the day exclusive of relays.

Deck Entries:

Fees will be \$6.00 per individual event, \$12.00 per relay. Deck entries will be accepted on a space available basis only. Deck entries will close 35 minutes prior to the start of each session. Deck entered swimmers, new to the meet, will pay the \$2.00 surcharge and must provide proof of USA Registration. Deck entries will be seeded at NO TIME (NT).

Eligibility:

Swimmers must be athlete members of USA Swimming. Swimmers registered in Lake Erie must be members of the clubs assigned to this meet. Coaches must be current coach members of USA Swimming and must display their coach member registration cards on deck. Age is as of October 21, 2007. On deck USA Swimming registration will be available (does not include coach registration).

Qualifying times:

Swimmers must be slower than NAG "B" time standards. Events listed as 13 & over will be scored separately for 13-14, 15-16, and 17 & over age groups. If the swimmer has no time, please include a time even if it is a practice time.

SLOWER THAN: These meets have times investigated after the meet if a protest is filed. Swimmers may not compete in an event in which they are faster than the listed time standard as of the meet entry deadline.

Swimmers with a disability:

Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) list in the e-mail accompanying the Hy-Tek file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

Conduct:

The meet will be conducted according to the rules set forth in the current USA Swimming and Lake Erie Swimming Rules and Regulations. Events will be contested in a 25-yard course. All events are timed finals. Heats will be swum slowest to fastest. A heat limit of 2 heats (1 heat for girls and 1 heat for boys) may be implemented for the girls and boys 1000 yd. freestyle if meet length becomes a problem. Should a heat limitation be deemed necessary, the fastest girl heat/boy heat will complete. If a swimmer gets closed out of the event, the coach will be notified and a refund will be issued. The Lake Erie scratch rule (attached) will be in effect.

Seeding and Check In:

The meet will be pre-seeded and events will be timed finals, except for all relays. These will be deck seeded. Relay cards must be turned in upon call in order to be seeded. In accordance with 102.1.4, events may be seeded together but scored separately.

Clerk of Course:

A Clerk of Course will be provided for the morning session only.

Awards:

Individual events: Ribbons for 1st - 8th place.

Relay events: Ribbons for 1st - 3rd place.

Heat winners will receive an award.

Admissions:

Admission will be \$3.00; seniors (65 and over) and 8 & under children free. There is no smoking allowed anywhere in the building. Heat sheets will be \$3.00.

Results: Final results will be available on the Lake Erie web site. Results will be available to teams with a disk.

Safety/Warm-Up:

Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. Coaches must maintain contact with their swimmers during warm-up. All entry into the pool for warm-up is feet first from the starting block end of the pool. There is no diving during warm-up, except in designated sprint lanes. The final 15 minutes of a 30-minute warm up, and 20 minutes of a 45-minute warm-up shall be conducted as follows:

- (a) Lanes 1 & 8 push/pace from the start end of the pool (or general warm-up at the discretion of the Meet Referee or his/her designee).
- (b) Lanes 2 & 7 sprint lanes for racing starts from the starting block end of the pool, one length only and exiting the pool
- (c) Lanes 3-6 general warm-up, no diving or racing starts. Any all of these lanes may be converted to sprint lanes at the discretion of the Meet Referee or his/her designee

Swimmers may be removed from warm-up for violating safety rules.

Officiating Opportunity:

Anyone that is a USA Swimming certified official is welcome and encouraged to join the Lake Erie Swimming (LESI) officials in officiating this meet. Please contact LESI's Officials Chair, Chuck Kunsman, chuck163@yahoo.com in advance of the meet if at all possible to let him know of your availability. We are also looking for anyone that is interested in becoming an official, for more information please contact the Official's Chair, Chuck Kunsman.

Official's Chair: Chuck Kunsman: E-mail: chuck163@yahoo.com

Unsupervised Swimmers:

All swimmers must be under the supervision of a USA Swimming Coach during the meet. Any swimmer(s) without a coach present must report to Meet Director or Meet Referee prior to the start of warm-ups to be assigned to a coach.

Coaches:

Coaches' packets will be available from the Safety Director once they have checked in.

Concessions:

A concession stand will be open throughout the meet.

Merchandise:

The sale of swimwear and accessories will be available.

Note:

We are grateful to the Solon Board of Education and the Solon High School staff for the use of this facility. Only swimmers, officials, coaches and meet workers are permitted on deck. We ask all participants and spectators to clear their area of litter and personal belongings after each session.

Meet Director: Brad Pinchot, 440-248-2142

Safety Director: Jona Matevish, jona521@sbcglobal.net, 440-349-2100

Entry Person: Carol Telljohann, telljohann@sbcglobal.net, 440-248-8756

Directions:

Exit from Route 422 at Route 91 (SOM Center Road),
Go South on Route 91 past Aurora Road (Route 43)
Inwood Road is the 2nd light after Aurora Road
turn right on Inwood, travel to the end of the school near
the marquee, and turn left at the stop sign into the parking lot

Bronze Breakout meet
SCHEDULE OF EVENTS
October 21, 2007
Sunday A.M Session

7:30 a.m. to 8:30 a.m. warm-up - 7:30 a.m. girls - 8:00 a.m. boys
 Meet Starts 8:35 a.m.

Girls #	Qualifying Time Slower Than	Age Group/Stroke	Qualifying Time Slower Than	Boys #
1	48.89	10 & Under 50 Backstroke	49.29	2
3		8 & Under 50 Backstroke		4
5	53.59	10 & Under 50 Breaststroke	53.89	6
7		8 & Under 25 Freestyle		8
9		10 & Under 25 Freestyle		10
11		8 & Under 25 Butterfly		12
13		10 & Under 25 Butterfly		14
15		8 & Under 100 I.M.		16
17	1:45.69	10 & Under 100 I.M.	1:41.59	18
19		8 & Under 50 Freestyle		20
21	40.09	10 & Under 50 Freestyle	39.19	22
23		8 & Under 25 Breaststroke		24
25		10 & Under 25 Breaststroke		26
27		8 & Under 25 Backstroke		28
29		10 & Under 25 Backstroke		30
31		8 & Under 100 Free Relay		32
33		10 & Under Free Relay		34

October 21, 2007

Sunday Afternoon Session

Afternoon warm-up will begin 15 minutes after the conclusion of the Morning session.

Competition will begin 5 minutes after the completion of the 45-minute warm-up.

Start times will be listed at www.lakeerieswimming.com and www.solonstars.com
after October 18, 2007.

Girls #	Qualifying Time Slower Than	Age Group/Stroke	Qualifying Time Slower Than	Boys #
35	13 &14: 1:30.99 15 &16: 1:29.09 17 & O: 1:29.09	13 & Over 100 Breaststroke	13 &14: 1:24.39 15 &16: 1:20.69 17 & O: 1:18.79	36
37	1:28.89	11 & 12 100 Backstroke	1:25.79	38
39	13 &14: 1:20.19 15 &16: 1:18.99 17 & O: 1:18.19	13 & Over 100 Backstroke	13 &14: 1:15.69 15 &16: 1:11.49 17 & O: 1:09.99	40
41	1:26.49	11 & 12 100 I.M.	1:24.39	42
43		13 & Over 100 I.M.		44
45	34.59	11 & 12 50 Freestyle	33.39	46
47	13 & 14: 33.39 15 & 16: 32.89 17 & O: 32.79	13 & Over 50 Freestyle	13 & 14: 31.09 15 & 16: 29.59 17 & O: 28.99	48
49	44.29	11 & 12 50 Breaststroke	44.59	50
51		13 & Over 50 Breaststroke		52
53	1:13.59	11 & 12 100 Freestyle	1:13.29	54
55	13 & 14: 1:12.59 15 & 16: 1:11.29 17 & O: 1:10.89	13 & Over 100 Freestyle	13 & 14: 1:07.69 15 & 16: 1:04.59 17 & O: 1:03.39	56
57	38.09	11 & 12 50 Butterfly	38.59	58
59		13 & Over 50 Butterfly		60
61	39.99	11 & 12 50 Backstroke	39.79	62
63		13 & Over 50 Backstroke		64
65		11 & 12 200 Free Relay		66
67		13 & Over 200 Free Relay		68
69	13 &14: 14:08.89 15 &16: 13:55.19 17 & O: 13:52.59	13 & Over 1000 Freestyle	13 &14: 13:38.39 15 &16: 13:04.19 17 & O: 12:54.49	70

Events listed as 13 & over will be scored per relevant age group: 13-14, 15-16, and 17 & Over.

LAKE ERIE SWIMMING, INC.
INDIVIDUAL AND RELAY SCRATCH RULE

Each swimmer/relay team shall be aware of the meet starting time and shall report to the proper meet authorities promptly upon call.

- A. Pre-Seeded Meets - Each swimmer/relay team shall report promptly to the Clerk of Course prior to the race in which the swimmer/relay team is entered. Any swimmer/relay team not reporting for or competing in a timed final event or in a preliminary heat when finals are scheduled shall not be penalized.
- B. Events Seeded on the Deck –
 - (1) Events seeded on the deck shall be closed for seeding no earlier than thirty (30) minutes prior to the start of the session. Host may provide alternate methods of check-in (such as email, phone, and fax) for swimmers who do not plan to arrive before the scratch deadline.
 - (2) Any swimmer who has checked in for an individual event 400 yards/meters or longer must swim in the event unless the swimmer notifies the Clerk of Course before the seeding of the event has begun that the swimmer wishes to scratch; failure to scratch prior to seeding and not swimming the event will result in a fine of \$25.00 to the swimmer, except as noted in "Exceptions for Failure to Compete" (below).
 - (3) Any agent of a team (coach, parent, swimmer, etc.) who checks in a swimmer for any event when that swimmer is not present at the meet may cause a fine of \$2.00 per swimmer per day to be levied against that team.
- C. Scratching from Consolation Finals and Finals
 - (1) Any swimmer qualifying for a consolation final or final race in an individual event who fails to compete in said consolation final or final race shall be barred from further competition for the remainder of the meet, except as noted below in "Exceptions for Failure to Compete." If such failure to compete occurs on the swimmer's last day of the meet, the swimmer shall be fined twenty-five dollars (\$25.00) by LESI.
 - (2) In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final when possible with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
 - (3) When consolation finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the consolation final and the final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
 - (4) If a consolation final has already been contested, the final shall be swum without reseeding for the empty lane(s).
- D. Exceptions for Failure to Compete - No penalty shall apply for failure to withdraw or compete in an individual event if
 - (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
 - (2) A swimmer qualifying for a consolation final or final race following preliminaries notifies the Referee or designee within thirty (30) minutes after the announcement of the qualifiers for that race that the swimmer may not intend to compete. The swimmer must declare within thirty (30) minutes following his last individual preliminary event a final intention to scratch or swim.
 - (3) The Referee determines that failure to compete is caused by circumstances beyond the control of the swimmer.
 - (4) It is determined by the Referee that there were no alternates for the consolation final or final race in which the swimmer failed to compete, and that the swimmer's failure to compete did not affect any other swimmer's ability to compete in the consolation final or final race.

SOLON STARS SWIM CLUB
2007 Solon Stars Bronze Breakout Swim Meet
MEET ENTRY SUMMARY PAGE
October 21, 2007

CLUB _____ CLUB CODE _____

CONTACT PERSON _____ PHONE _____

ADDRESS _____ CITY _____ STATE ____ ZIP _____

Total number of swimmers _____ X \$2.00 zone surcharge per swimmer = \$ _____

Total number of individual events _____ X \$3.00 per individual event = \$ _____

Total number of relay events _____ X \$6.00 per individual event = \$ _____

Handling fee if entry not on disk _____ X \$1.00 per swimmer = \$ _____

GRAND TOTAL \$ _____

Swimmers will be without a coach on deck: ____ Sun. a.m. ____ Sun p.m.

I have arranged for my swimmer/s to be supervised by _____

I VERIFY THAT EVERY SWIMMER LISTED ON THE ENCLOSED ENTRY FORM IS A REGISTERED ATHLETE MEMBER OF USA SWIMMING AND THAT EVERY COACH REPRESENTING OUR TEAM AT THIS MEET WILL BE A CURRENT COACH MEMBER OF USA SWIMMING.

Printed Name

Signature of Coach or Team Rep

Date

Make checks payable to SOLON STARS SWIM CLUB. Please note: All entries submitted with this sheet should be covered by a single check. Deadline for receipt is October 10, 2007. This sheet must accompany all entries including HY-TEK Meet Manager disk entries, hard copy, and check.

Mail to: Carol Telljohann, 34581 Southside Park Drive, Solon, Ohio 44139