

**LAST CHANCE SWIM MEET**  
**Hosted by Solon Stars Swim Club**  
**Sanctioned by USA Swimming LE #808 S**

**SUNDAY, February 17, 2008**  
**At Solon High School Pool**

**BOYS & GIRLS: slower than NAG A for your respective age group.**

**Location:**

Solon High School Natatorium, 33600 Inwood Road, Solon, Ohio, 44139

**Pool:**

25 yard/8 lanes, electronic timing with 8 lane board, locker rooms, elevated spectator area

**Starting Times:**

Morning session:

7:30 a.m. to 8:00 a.m. – girl's warm-up

8:00 a.m. to 8:30 a.m. – boy's warm-up

(Meet starts at 8:35 a.m.)

There will be a 15-minute break at the conclusion of the morning session

Afternoon session:

Warm-ups time will be posted on [www.lakeerieswimming.com](http://www.lakeerieswimming.com) and [www.solonstars.com](http://www.solonstars.com) on Wednesday Feb. 13th, boys and girls combined for 45 minutes (meet will start 5 minutes later). Continuous warm-up and warm-down will be available in the diving well for both sessions.

At the discretion of the Meet Safety Director, warm ups may be split by gender or age group or team. The finalized warm up plan may be found at the above websites by February 13<sup>th</sup>, 2008.

**Entry Deadline:**

Entries must be postmarked on or before Monday, February 4<sup>th</sup>, 2008 and received no later than Wednesday, February 6<sup>th</sup>, 2008. Electronic entries must be received by Monday, February 4<sup>th</sup>, 2008. The meet will be closed before the entry deadline if the sessions are estimated to be at four hours, so mail early. Mail entries to Carol Telljohann, 34581 Southside Park, Solon, Ohio 44139, or e-mail to [telljohann@sbcglobal.net](mailto:telljohann@sbcglobal.net). **Telephone entries will not be accepted.** A Hy-Tek meet entry summary report (by swimmer) must accompany the entry that is submitted on disk or e-mail. Entries will not be accepted until the following is received (by the above deadline) a check for the entry fee, a signed meet entry form and Hy-Tek summary report. All teams sending 10 or more swimmers should submit entries on disk compatible with SDIF format. Teams sending 10 or more swimmers, not on compatible SDIF format disk will be charged an administrative fee of \$1.00 per swimmer. This fee should be included in the meet entry check submitted.

**Entry Fees:**

Individual events \$3.00; a \$2.00 per swimmer surcharge for Lake Erie Swimming. Fees must accompany all entries. Please pay all team entries with a single check, made payable to "Solon Stars Swim Club".

**Entry Limitations:**

Each swimmer may enter 5 events for the day.

**Deck Entries:**

Fees will be \$6.00 per individual event. Deck entries will be accepted on a space available basis only. Deck entries will close 35 minutes prior to the start of each session. Deck entry swimmers, new to the meet, will pay the \$2.00 surcharge and must provide proof of USA Registration. Deck entries will be seeded at NO TIME (NT).

**Eligibility:**

Swimmers must be athlete members of USA Swimming. Coaches must be current coach members of USA Swimming and must display their coach membership cards on deck. Age is as of February 17th, 2008. On deck USA Swimming registration will be available (does not include coach registration).

**Qualifying times:**

All events are open events. Swimmers may enter events with times as follows :  
Boys and Girls: - slower than NAG A times for your respective age group.

**Slower than:**

These meets have times investigated after the meet if a protest is filed. Swimmers may not compete in an event in which they are faster than the listed time standard as of the meet entry deadline.

**Swimmers with a disability:**

Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) list in the e-mail accompanying the Hy-tek file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the meet referee after consultation with the swimmer and his/her coach.

**Conduct:**

The meet will be conducted according to the rules set forth in the current USA Swimming and Lake Erie Swimming Rules and Regulations. Events will be contested in a 25-yard course. All events are timed finals. Heats will be swum slowest to fastest.

**Seeding and Check In:**

All events in the morning session will be pre-seeded. All events in the afternoon session will be deck seeded. The check-in procedure for all afternoon session events is to check in 30 minutes prior to the start of the afternoon session. Swimmers are to initial the line to the left of their name (neatly and clearly). All events will be timed finals. In accordance with 102.1.4, events may be seeded together but scored separately. The Lake Erie scratch rule (attached) will be in effect.

**Clerk of Course:**

A Clerk of Course will be provided for the morning session only.

**Awards:**

Heat winners will receive a heat ribbon. No other awards will be given.

**Admissions:**

Admission will be \$3.00; seniors (65 and over) and 8 & under children free. There is no smoking allowed anywhere in the building. Heat sheets will be \$3.00.

**Results:**

Final results will be available on the Lake Erie web site. Team Manager results will be available to teams with a disk.

**Safety/Warm-Up:**

Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. Coaches must maintain contact with their swimmers during warm-up. All entry into the pool for warm-up is feet first from the starting block end of the pool. There is no diving during warm-up, except in designated sprint lanes. The final 15 minutes of the morning and 20 minutes of the afternoon warm-up shall be conducted as follows:

- (a) Lanes 1 & 8 push/pace from the start end of the pool (or general warm-up at the discretion of the Meet Referee or his/her designee).
- (b) Lanes 2 & 7 sprint lanes for racing starts from the starting block end of the pool, one length only and exiting the pool
- (c) Lanes 3-6 general warm-up, no diving or racing starts. Any all of these lanes may be converted to sprint lanes at the discretion of the Meet Referee or his/her designee.

Swimmers may be removed from warm-up for violating safety rules.

**No recording devices, including cell phones, can be used in the locker rooms at the site of a swim practice or meet.**

**Officiating Opportunity:**

Anyone that is a USA Swimming certified official is welcome and encouraged to join the Lake Erie Swimming (LESI) officials in officiating this meet. Please contact the Meet Director, Brad Pinchot, or LESI's Officials Chair, Chuck Kunsman, in advance of the meet if at all possible to let either know of your availability. The Meet Director and Chuck's contact information is listed below. We are also looking for someone that is interested in becoming an official, for more information please contact the Officials Chair, Chuck Kunsman.

Meet Director's Contact: Brad Pinchot, 1-440-248-2142

Officials Chair Contact: Chuck Kunsman: e-mail: [chuck163@yahoo.com](mailto:chuck163@yahoo.com)

**Unsupervised Swimmers:**

All swimmers must be under the supervision of a USA Swimming Coach during the meet. Any swimmer(s) without a coach present must report to Meet Director or Meet Referee prior to the start of warm-ups to be assigned to a coach.

**Coaches:**

Coach's heat sheets will be available at the safety table on the pool deck.

**Concessions:**

A concession stand will be open throughout the meet.

**Merchandise:**

The sale of swimwear and accessories will be available.

**Note:**

We are grateful to the Solon Board of Education and the Solon High School staff for the use of this facility. Only swimmers, officials, coaches and meet workers are permitted on deck. We ask all participants and spectators to clear their area of litter and personal belongings after each session.

**Meet Director:** Brad Pinchot, 1-440-248-2142

**Safety Director:** Jona Matevish, jona521@sbcglobal.net, 440-349-2100

**Entry Person:** Carol Telljohann, telljohann@sbcglobal.net, 440-248-8756

**Directions:**

Exit from Route 422 at Route 91 (SOM Center Road),  
Go South on Route 91 past Aurora Road (Route 43)  
Inwood Road is the 2<sup>nd</sup> light after Aurora Road  
Turn right on Inwood, travel to the end of the school near  
the marquee, and turn left at the stop sign into the parking lot

**Sunday AM – Warm-ups start at 7:30 am for Girls, 8:00 am for Boys; 8:35 am meet start**

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Girls #	Age Group/Stroke	Boys #
1	Open 100 IM	2
3	Open 50 Breast	4
5	Open 100 Free	6
7	Open 50 Fly	8
9	Open 100 Back	10
11	Open 50 Free	12
13	Open 100 Breast	14
15	Open 50 Back	16
17	Open 100 Fly	18

**Sunday PM – Warm-Up Time posted on [www.lakeerieswimming.com](http://www.lakeerieswimming.com), meet starts 5 minutes after completion of warm-ups (Time Finals)**

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Girls #	Age Group/Stroke	Boys #
19	Open 400 IM	20
21	Open 50 Free	22
23	Open 200 Breast	24
25	Open 100 Back	26
27	Open 100 Free	28
29	Open 200 Fly	30
31	Open 200 Free	32
33	Open 100 Breast	34
35	Open 200 Back	36
37	Open 100 Fly	38
39	Open 200 IM	40
41	Open 500 Free**	42
43	13 & over 1650 Free**	44

**\*\* Swimmers should provide their own counters.**

USA Swimming is promoting the IMX Challenge. The events that qualify are as follows:

10 & Under 100 Back, 100 Breast, 100 Fly, 200 Free, and 200 IM  
11/12 100 Back, 100 Breast, 100 Fly, 500 Free, and 200 IM  
13 and over 200 Back, 200 Breast, 200 Fly, 500 Free, 200 IM, and 400 IM

LAKE ERIE SWIMMING, INC.  
INDIVIDUAL AND RELAY SCRATCH RULE

Each swimmer/relay team shall be aware of the meet starting time and shall report to the proper meet authorities promptly upon call.

- A. Pre-Seeded Meets - Each swimmer/relay team shall report promptly to the Clerk of Course prior to the race in which the swimmer/relay team is entered. Any swimmer/relay team not reporting for or competing in a timed final event or in a preliminary heat when finals are scheduled shall not be penalized.

B. Events Seeded on the Deck –

- (1) Events seeded on the deck shall be closed for seeding no earlier than thirty (30) minutes prior to the start of the session. Host may provide alternate methods of check-in (such as email, phone, fax) for swimmers who do not plan to arrive before the scratch deadline.
- (2) Any swimmer who has checked in for an individual event 400 yards/meters or longer must swim in the event unless the swimmer notifies the Clerk of Course before the seeding of the event has begun that the swimmer wishes to scratch; failure to scratch prior to seeding and not swimming the event will result in a fine of \$25.00 to the swimmer, except as noted in "Exceptions for Failure to Compete" (below).
- (3) Any agent of a team (coach, parent, swimmer, etc.) who checks in a swimmer for any event when that swimmer is not present at the meet may cause a fine of \$2.00 per swimmer per day to be levied against that team.

C. Scratching from Consolation Finals and Finals

- (1) Any swimmer qualifying for a consolation final or final race in an individual event who fails to compete in said consolation final or final race shall be barred from further competition for the remainder of the meet, except as noted below in "Exceptions for Failure to Compete." If such failure to compete occurs on the swimmer's last day of the meet, the swimmer shall be fined twenty-five dollars (\$25.00) by LESI.
- (2) In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final when possible with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
- (3) When consolation finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the consolation final and the final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
- (4) If a consolation final has already been contested, the final shall be swum without reseeding for the empty lane(s).

D. Exceptions for Failure to Compete - No penalty shall apply for failure to withdraw or compete in an individual event if

- (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
- (2) A swimmer qualifying for a consolation final or final race following preliminaries notifies the Referee or designee within thirty (30) minutes after the announcement of the qualifiers for that race that the swimmer may not intend to compete. The swimmer must declare within thirty (30) minutes following his last individual preliminary event a final intention to scratch or swim.
- (3) The Referee determines that failure to compete is caused by circumstances beyond the control of the swimmer.
- (4) It is determined by the Referee that there were no alternates for the consolation final or final race in which the swimmer failed to compete, and that the swimmer's failure to compete did not affect any other swimmer's ability to compete in the consolation final or final race.

**SOLON STARS SWIM CLUB  
LAST CHANCE SWIM MEET**

**ENTRY SHEETS**







