

Lake Erie Swimming, Inc.

September 16, 2023

Every Friday LE will publish an electronic newsletter on latest developments. All club contacts and non-athlete who have a valid email address will automatically receive the newsletter. Others may email pamswim@aol.com to get on the distribution list. The newsletter will also be posted on the web. Please share with other club officers and post at your practice facility for your parents and athletes. Send/email me any input you may wish to share with the LE swimming community. If you check email infrequently, always check it on Friday.

Meet Information is posted on the LE website – <http://www.lakeerieswimming.com>

To get “breaking news” to your mobile device, follow LE on Twitter (@LESwimming)

LESI 2023 Long Course Record – 2023 LESI LC records have been posted to the LE website. Please send corrections to pamswim@aol.com

LESI Top Ten – 2023 Long Course has been posted to the LE website. Please send corrections to pamswim@aol.com

USA Swimming Central Zone Liaison - USA Swimming is excited to announce that Nate Chessey will now be the Team Services Director for Lake Erie Swimming. His email is nchessey@usaswimming.org if you were to need him for anything down the road. We are so excited to have him working with us and cannot wait to see what the future holds for Lake Erie Swimming!

2023 Safe Sport Club Recognition Training

For Parents:

- September 13, 8 p.m. ET | [REGISTER](#)
- October 11, 10 p.m. ET | [REGISTER](#)
- November 1, 8 p.m. ET | [REGISTER](#)
- December 6, 8 p.m. ET | [REGISTER](#)

For Athletes:

- September 14, 8 p.m. ET | [REGISTER](#)
- October 12, 10 p.m. ET | [REGISTER](#)
- November 2, 8 p.m. ET | [REGISTER](#)
- December 7, 8 p.m. ET | [REGISTER](#)

For Coaches:

- September 15, 3 p.m. ET | [REGISTER](#)
- October 13, 2 p.m. ET | [REGISTER](#)
- November 3, 3 p.m. ET | [REGISTER](#)
- December 8, 3 p.m. ET | [REGISTER](#)

LESI Coach News

1. **USA Swimming HOD Proposed Legislation:** [Click HERE](#) to see what proposals will be voted on during the 2023 USA Swimming HOD Meeting on

September 23, 2023. Some additional information can be found [HERE](#), however, if you have any additional concerns or questions about one or more specific approvals, reply all to this message with details.

2. **Coach Provisional Membership**: Interested in a way for new coaches to get to work faster and with less financial impact on your teams? USA Swimming is adding a Provisional Coach Membership option in the Online Member Registration (OMR), beginning **September 1, 2023**. Learn more about this upcoming offering [HERE](#)!
3. **The Quality Coaching Framework Course DUE Sept. 1**: As we head into August, a month many teams take a break from practices for a few weeks, we want to remind all coaches to please complete this training by **September 1st** of this year, if you haven't already. This course can be found by logging into your SWIMS account and selecting the "Education" tab, then clicking "All Courses". Coaches may send a screenshot of their certificate to Pam once they are done so they have proof of completion. Please note: New coaches are still required to take the QCF course before getting on deck. [This cert goes automatically into your SWIMS record when completed.](#)
4. **New Middle School Meet Opportunity**: [Click Here](#) for information about a Holiday Meet available for Middle School aged swimmers in grades 6-8. *This December 17th meet is a sanctioned USA Meet that will not be on the LE Meet Schedule.*

Once again, please check the Coach Contact List mentioned above to confirm your email address, as we will use this listserv for emails next month. Thank you, and happy start of July! Thank you for taking the time to read the contents of this message. Have a great and prosperous week! ~**Jelani Watkins & EJ McIlduff, LESI Coach Reps**

LESI eNewsletter If there are members of your club or anyone else who wants to be on the email distribution list, email me (pamswim@aol.com) to be added to the list – anyone can be on this list and receive the weekly eNewsletter. The newsletter is also posted on the LESI website.

USA Swimming Updates (9/1/2023)

• LTS/PRE-COMPETITIVE WEBINAR SERIES

To help bridge the gap between learn-to-swim and competition, USA Swimming is offering the below webinar series specifically geared towards the pre-competitive space. These webinars will help assist in building resources for programs and clubs interested in establishing local connections as well as expand their current services.

Wed., Oct. 11 | Best Practices for Establishing and Operating an Internal Feeder Program| [REGISTER](#)

- **Quality Coaching Framework** - After hearing your feedback, USA Swimming will be extending the Quality Coaching Framework (QCF) requirement to September 1, 2024 for existing coaches. Without the time constraints of the typical competition season, we hope extending through August will allow ample time for coaches to fulfill this requirement. **Please note: new coaches are still required to take the QCF course before getting on deck.**

• 2024 U.S. Olympic Team Trials - Swimming

Group Opportunities During Your Stay in Indy

The Local Organizing Committee for the 2024 U.S. Olympic Team Trials - Swimming, in partnership with community and pool partners, is constructing a menu of opportunities for visiting clubs, LSCs, and youth organizations planning to come to Indy in June of 2024 to experience the magic of Swim Trials. Local pool partners are offering training opportunities, clinics, and even competitions that align with the Trials competition schedule at Lucas Oil Stadium. Dormitory housing, including options for food service, has been secured at Butler University and IUPUI for visiting youth groups. 3-day group ticket packages will go on sale on June 15. All the information regarding group opportunities can be found on the USA Swimming website at: <https://www.usaswimming.org/about-usas/resources/trials/trials-group-information/>

This site will be updated with a June 2024 Indy-area meet schedule this summer. Visit it often for all the latest information regarding group travel to Indy for the 2024 U.S. Olympic Team Trials - Swimming.

- **Club Leadership and Business Management School course** *The requirement for new clubs to complete the Club Leadership and Business Management School course (CLBMS 101) prior to registration has been postponed. In an ongoing effort to provide relevant and helpful information for our clubs, we are updating the course. The revised course is scheduled to be released this summer. LSCs and approved new clubs will be notified when the online course is ready, at which point clubs will be required to complete it.*

Per the previous email, clubs were instructed to upload the acknowledgement form. This process has been updated: To move forward in the application process, clubs should click YES for the CLBMS 101 requirement. By selecting YES, you are acknowledging both club leaders will take the course once it has launched. In the Completion Date box, please use the same date as the Signature Date box.

Please note that the CLBMS 201 course is not affected by this change. All approved clubs must complete this course prior to renewing their 2nd year of club membership. More information regarding CLBMS 101 and 201 can be found on our [website](#).

If you have any questions, please reach out to Dana Skelton (dskelton@usaswimming.org) or Hilary Perez (hperez@usaswimming.org).

- **Sport Development Division Resource List** (who 2 contact)

[sport-development-division-staff-resource-list.pdf \(usaswimming.org\)](#)

- **LSC Leaders Call**

- All info and recordings can be found:
<https://www.usaswimming.org/about/lsc-governance>

- Scroll to bottom for the resources

- **Club Marketing Toolkit:**

- o <https://www.usaswimming.org/coaches-leaders/team-leaders/marketing-toolkit>

- **Coach Certification Resources**

- o [Coach Certification Program \(usaswimming.org\)](https://www.usaswimming.org)

- **Webinars & Clinics (upcoming & previously recorded):**

- o <https://www.usaswimming.org/coaches-leaders/team-leaders/programs-services#webinars---presentations>

- **12 and Under Banned/Approved Suit list** – Including the FINA Numbers

- o Doc: <https://www.usaswimming.org/docs/default-source/rules-regulations/tech-suit-restrictions/12-under-approved-suits-2-18-21.pdf>

- o Article: <https://www.usaswimming.org/news/2020/08/24/tech-suit-restriction-for-12-and-under-swimmers>

- o FAQ: <https://www.usaswimming.org/news/2021/03/15/12-under-tech-suit-restrictions---frequently-asked-questions>