## Lake Erie Swimming, Inc.

### **December 19, 2023**

## **Happy Holidays**

LE will publish an electronic newsletter on latest developments. All club contacts and non-athlete who have a valid email address will automatically receive the newsletter. Others may email pamswim@aol.com to get on the distribution list. The newsletter will also be posted on the web. Please share with other club officers and post at your practice facility for your parents and athletes. Send/email me any input you may wish to share with the LE swimming community.

Meet Information is posted on the LE website - <a href="http://www.lakeerieswimming.com">http://www.lakeerieswimming.com</a>

To get "breaking news" to your mobile device, follow LE on Twitter (@LESwimming

#### **CLUBS**

- 2024 Club Renewal The following clubs have not renewed online with USA Swimming: CSI, DYP, GCSM, HTS. MRAY. MYG, NCY, PS, RAZR, SWIM, YWRC, YYN
- The 2024 Club Renewal process is listed below:
  - Online registration with USA Swimming (pay by credit card \$70 USA Swimming fee)
  - Fill out 2024 LE Club application form and email to pamswim@aol.com
  - Send LSC club fee (\$30) to Pam Cook
  - Meet Sanctions will not be issued until all 3 listed above are completed.
- 2023 Safe Sport Club Recognition The following LE clubs are recognized as Safe Sport: CCST. NCAT, and PA
- 2024 Safe Sport Club Training Opportunities

Since April 2020, the USA Swimming Safe Sport staff has been hosting Zoom trainings for parents, minor athletes and coaches to assist clubs in completing the Training and Education requirement of the Safe Sport Club Recognition program. Please see the upcoming 2024 training schedule below which will also be communicated via email, newsletters, and social media. USA Swimming Safe Sport staff will record attendance and manually update the Club application.

# **Parent Trainings:**

- Wednesday, Jan 17 at 7:00 p.m. Pacific Time Register
- Wednesday, Feb 21 at 8:00 p.m. ET Register
- Wednesday, Mar 13 at 8:00 p.m. ET Register

**Athlete Trainings** (12-17 years old):

- Thursday, Jan 18 at 7:00 p.m. Pacific Time Register
- Thursday, Feb 22 at 8:00 p.m. ET Register
- Thursday, Mar 14 at 8:00 p.m. ET Register

# **Coaches Training:**

- Friday, Jan 19 at 11:00 a.m. Pacific Time Register
- Friday, Feb 23 at 3:00 p.m. ET Register
- Friday, Mar 15 at 3:00 p.m. ET Register
- \*NEW\* LESI Clubs Incentives Program: As a part of LESI's new Clubs Incentives Program, we are excited to share that the first 15 clubs to become SafeSport Recognized will receive \$100! Learn more about this process HERE.

## Coach News (Updated 12/19/23)

- 1. 2024 CZ East Spring Speedo Sectionals Intent to Participate DUE FRIDAY: As anticipated, there is strong interest from teams across the country to come to Indy in March. To help your Section Planning Committee put together the best possible competition for your athletes, all CZ East teams are asked to complete a short online Intent to Participate Survey for Sectionals no later than Friday, December 22, 2023. Please complete this form even if you do not plan to bring athletes to the meet. The 2023 CZ East Spring Speedo Sectionals will be hosted by the IU Natatorium in Indianapolis next March 21-24. HERE'S THE LINK to the Intent to Participate Survey form.
- 2. \*NEW\* LESI Clubs Incentives Program: As a part of LESI's new Clubs Incentives Program, we are excited to share that the first 15 clubs to become SafeSport Recognized will receive \$100! Learn more about this process HERE.
- 3. **LESI Board Openings Search:** The LESI BOD is still in need of two leaders to serve on the board: (1) **Age Group Chair** and (2) **Secretary**. These are in addition to vacancies in the zone committee (including the chair position). If you are interested or know someone who *could be* interested, don't hesitate to reply!
- 4. Upcoming Coaches Meeting (1/21/24): If you missed our last meeting, *check out our attached meeting minutes*. We will have our next coaches meeting Saturday, January 21, 2024 at CSU, during the George Bare Memorial Meet. Future meeting times can be found below, and we encourage each team to send at least one coach representative to each meeting:
  - January 21, 2024 during the George Bare Memorial Meet @ CSU
  - 7:30 PM, February 6, 2024 ZOOM
  - 7:30 PM, March 14, 2024 ZOOM
  - Time & Date TBD @ Spring 2024 HOD Meeting Site
- 5. Online Coach Clinics: USA Swimming offers webinars for coaches to take advantage of education opportunities and hear from a range of speakers throughout the year. *Most sessions will be recorded for you to view at your leisure after the live viewing*. Click HERE for access and more information.

LESI eNewsletter If there are members of your club or anyone else who wants to be on the email distribution list, email me (pamswim@aol.com) to be added to the list – anyone can be on this list and receive the weekly eNewsletter. The newsletter is also posted on the LESI website.

### **USA Swimming Updates**

- 2024 U.S. Olympic Team Trials Swimming https://www.usaswimming.org/about-usas/resources/trials/trials-group-information/
- Club Leadership and Business Management School course The requirement for new clubs to complete the Club Leadership and Business Management School course (CLBMS 101) prior to registration has been postponed. In an ongoing effort to provide relevant and helpful information for our clubs, we are updating the course. The revised course is scheduled to be released this summer. LSCs and approved new clubs will be notified when the online course is ready, at which point clubs will be required to complete it.

Per the previous email, clubs were instructed to upload the acknowledgement form. This process has been updated: To move forward in the application process, clubs should click YES for the CLBMS 101 requirement. By selecting YES, you are acknowledging both club leaders will take the course once it has launched. In the Completion Date box, please use the same date as the Signature Date box.

Please note that the CLBMS 201 course is not affected by this change. All approved clubs must complete this course prior to renewing their 2<sup>nd</sup> year of club membership. More information regarding CLBMS 101 and 201 can be found on our <u>website</u>.

If you have any questions, please reach out to Dana Skelton (dskelton@usaswimming.org) or Hilary Perez (hperez@usaswimming.org).

• Sport Development Division Resource List (who 2 contact)

sport-development-division-staff-resource-list.pdf (usaswimming.org)

- LSC Leaders Call
  - o All info and recordings can be found: https://www.usaswimming.org/about/lsc-governance
- **Club Marketing Toolkit:** o <a href="https://www.usaswimming.org/coaches-leaders/team-leaders/marketing-toolkit">https://www.usaswimming.org/coaches-leaders/team-leaders/marketing-toolkit</a>
- Coach Certification Resources Coach Certification Program (usaswimming.org)
- Webinars & Clinics (upcoming & previously recorded): https://www.usaswimming.org/coaches-leaders/team-leaders/programs-services#webinars---presentations

• 12 and Under Banned/Approved Suit list – Including the FINA Numbers

Doc: <a href="https://www.usaswimming.org/docs/default-source/rules-regulations/tech-suit-restrictions/12-under-approved-suits-2-18-21.pdf">https://www.usaswimming.org/docs/default-source/rules-regulations/tech-suit-restrictions/12-under-approved-suits-2-18-21.pdf</a>

Article: <a href="https://www.usaswimming.org/news/2020/08/24/tech-suit-restriction-for-12-and-under-swimmers">https://www.usaswimming.org/news/2020/08/24/tech-suit-restriction-for-12-and-under-swimmers</a>

 $FAQ: \underline{https://www.usaswimming.org/news/2021/03/15/12-under-techsuit-restrictions---frequently-asked-questions}$