



WARM UP SCHEDULE AND GENERAL INFORMATION

Friday Timed Finals: Warm-ups 4:45-5:30pm/**Meet start 5:35pm**

Saturday and Sunday Prelims: Warm-ups will be split by teams as listed below. **Meet start 8:50am**

❖ **WARM-UP #1: 7:45am-8:15am**

CLES, GO, GYN, LESD, LRST, LSSC, STRS, SWIM, USC, VSC

❖ **WARM-UP #2: 8:15am-8:45am**

B3, BEST, CCS, CFYN, CWW, FAST, GLSS, HEAT, MRST, NEON, PA, PAC, PS, RYD, SHSH, UNAT, YYN

Warm-ups for Finals on both Saturday and Sunday will not begin before 4:15pm.

- ❖ ***ATHLETES AND COACHES ARE ENCOURAGED TO BRING WATER BOTTLES. LARGE WATER JUGS WILL BE AVAILABLE ON BOTH SIDES OF THE POOL FOR YOUR USE.***

FINALS AND AWARDS PROTOCOL: Friday night's awards for events 1-6 will be awarded during a 10 minute break prior to event 7. Events 7 & 8 will be awarded during the 1500's and the 1500 awards will be given at the completion of the session. Relays on Saturday will be awarded during prelims of events 29 & 30. Relays on Sunday will be awarded during prelims of events 51 & 52. **Swimmers who are in FINALS on Saturday and Sunday are required to report to the staging area to be paraded to the blocks and introduced prior to their race. Immediately following their completed race, all 10 swimmers will be escorted to the podium to receive awards.**

- ❖ **DECK ENTRIES:** Will be taken 35 minutes before start of prelims on space available basis. Heats will not be added.
- ❖ **CLUB ASSAIGNMENTS:** Can be found on the website. Thank you in advance for your commitment. Please note that certain duties require an early arrival time. This is an LSC sponsored event therefore each club entered is required to contribute volunteers for the efficient running of the meet. Clubs who fail to contribute will be fined by Lake Erie Swimming.
- ❖ **DECK ACCESS:** Is limited to entered athletes, coaches, officials and scheduled meet volunteers and staff.
- ❖ **FINALS PHOTOGRAPHER:** A photographer will take pictures of awards ceremonies, post to LE website and you can then download for free. **Parents *will not*** be allowed on deck to take pictures.
- ❖ **Aquatic Outfitters and Fine Designs** will be located on the second floor for your swimsuit and meet apparel desires.
- ❖ **OUTSIDE FOOD:** It is Spire Institute's policy that outside food and beverage cannot be brought into the facility.