Athletes' Executive Committee- 2/21/21 6:30 pm (via Zoom)

Present:

Absent:

- I. Additions to the Agenda
- II. Approval of the Consent Agenda
- III. Minutes Review
 - A. Approval of Minutes from January 17: **PASSED**
- IV. Consideration of Agenda Items
 - A. COVID-19 Update
 - B. Central Zone Update- Zach
 - C. Athlete Features
 - 1. High School Athletes for the 28th
 - 2. Stephanie Tropper College Commitment
 - 3. Junior Olympic High Point Winners for the 14th
 - D. Discussion Corner
 - 1. AEC Written
 - 2. Best tips for taper and rest
 - 3. Sydney will write the first one
 - E. Coaches Corner
 - 1. Coach Eric (SHSH) Lake Erie coaching experience March 14th 7:30
 - F. AEC Strategic Planning Goals for 2021-2022
 - 1. Increase Athlete Rep Involvement
 - 2. Increase In-person leadership and athlete workout events
 - 3. Increase Dual and Tri Meet Events among teams
 - G. Hot Heat Sign Ups for Junior Olympics
 - 1. <u>https://www.signupgenius.com/go/60B044FADAF2BA6FD0-junior</u>
 - H. Junior Athlete Elections Video
 - I. Senior Athlete Award Selection Meeting Date
 - 1. March 11th at 8:00pm
 - J. Q&A Panel Night for Junior Athlete Elections and Senior Athlete Award
 - 1. This will take place on February 28th and Mia, Megan, Zach, and Sydney will be the panel to take Q&As
 - K. Instagram Takeovers
 - 1. Will Start this week
 - L. Brainstorming Ideas/Misc. Announcement
 - M. Reports
 - 1. Social Media and Athlete Engagement- Megan Maholic
 - 2. Service Initiatives and Projects- Mia Nagle
 - 3. Athlete Events and Operations- Zach Toothman
- V. Time/Date of Next Meeting: 3/14/21 at 6:30 pm via Zoom
- VI. Items to Discuss at Next Meeting:
- VII. Meeting Adjourned Via Zoom 2/21/21 at 7:10 pm
- VIII. Minutes Submitted By Zach Toothman

Online Engagement Committee- 1/21/21 6:00 PM (via conference call) Present: Sydney Bare, Megan Maholic, Jordyn Homoki Absent: Kali McLin Additions to the Agenda Approval of the Agenda Minutes Review A. Approval of Minutes from December 17th : PASSED IV. Consideration of Agenda Items A. Lake Erie Website Update 1. Pam emailed 2. Contact Zach about new committee B. Athlete Feature 1. Start cycling through athlete features from previous college commitments 2. Post on story asking for suggestions C. Brainstorming/ Misc. Announcements

- 1. N/A
- V. Time/Date of Next Meeting: 2/18/21 at 8:00 PM.
- VI. Items to Discuss Next Meeting:
- VII. Meeting Adjourned: via Conference Call 1/21/21 at 6:20 PM.
- VIII. Minutes Submitted By Megan Maholic

BOD Reps Quarter 3 Review Meeting

- No COVID updates or anything early to report
- Add holiday posts to the instagram
- Change the discussion corners from a job that the BOD reps do to a job that everyone in the AEC does
- Club rep participation is still lacking, a long term goal would be to increase involvement for club reps in the LSC
- The toy drive was successful, look to make the event bigger in coming years and continue to get more participation from teams and other LSCs
 - Talk to Annie from Oklahoma about merging the toy drive, think about possibly making it an entire central zone event
 - Do it tournament style in Lake Erie potentially
- Update responsibilities of AEC to include State of the Athletes Meeting
- Continue working on the website design with another separate task force
 - Weebly website
- Hot heats for the AEC component of age group championship meets
- Takeover tuesdays after championship season to help the instagram grow and gain followers
- Mia will run the March AEC meeting