

Canton City School Age Group & Open Meet

October 10 – 11, 2015

Morning warm-ups (12 & Unders) will begin at 7:45 a.m.; Meet will begin at 8:35 a.m.

Afternoon warm-ups will NOT begin before 12:15 p.m. on Saturday and Sunday.

Afternoon warm-ups will be split by team.

The first 30 minute warm-up will be the following teams:

CCS, FAST, HEAT, LESD, MRST, RYD

The second 30 minute warm-up will be all other teams, including unattached swimmers.

There will be 15 minutes of starts for all swimmers after the second 30 minute warm-ups.

Meet will begin 80 minutes after the start of warm-ups.

Dive overs will be done for all events/sessions.

The meet is full. We will NOT take deck entries.

The 13 & Over 500 freestyle (event 45 & 46) will be limited to the fastest three heats, both boys and girls. These events will be fastest to slowest, alternating girls and boys.