BreakOut! Swim Clinic * October 14, 2017

Ages 8-11: 11 a.m. - 2 p.m.; Ages 12-18 9 a.m. - 12 p.m.

Carol and John Butler Aquatic Center * Hathaway Brown School

Dear Swim Coaches and Families,

We're pleased to extend this exclusive invitation to the **LESI Community ages 8-18** to enhance their competitive swimming skills by working with two swimming champions and Olympic Gold Medalists **Nathan Adrian** and **Ariana Kukors**.

Please join us on **Saturday, October 14, 2017** for the Mutual of Omaha **BreakOut! Swim Clinic** hosted by Hathaway Brown School and Lake Erie Silver Dolphins. The program is limited to **60 attendees** and spaces are sure to be filled quickly. The cost is **\$140 per person** through October 6. After October 6, the price will be raised to \$150. There are two sessions to choose from: students ages 8-11 are welcome to join us from 11 a.m. until 2 p.m.(10:45 a.m. check-in), and students ages 12-18 are welcome to join us from 9 a.m.-12 p.m. (8:30 a.m. check-in). Registration is open to all.

Ages 8-11: <u>Register Here</u>Ages 12-18: <u>Register Here</u>

The Mutual of Omaha BreakOut! Swim Clinic visits more than 70 cities a year and is a unique experience to inspire and motivate a new generation of swim stars. As an official sponsor of USA Swimming, Mutual of Omaha actively supports the sport on all levels, from local clubs across the country to the National Team.

The event is a three-hour stroke technique clinic. Swimmers will hear inspiring messages from Nathan Adrian and Ariana Kukors. They will also hit the water with the Olympians for in-water demonstration and instruction on swim strokes and techniques. Some participants may even have a chance to test their strokes in a race against these champions. At the close of the event, the swimming champions will be available for autographs and photos. All participants will receive a BreakOut! t-shirt, poster, DVD, and other souvenirs.

Registration for the Mutual of Omaha BreakOut! Swim Clinic is now open. To reserve your spot and pay now using our secure server, please follow the links above. Questions may be directed to Stacey Aroney, HB's director of aquatic programs, at saroney@hb.edu or 216.320.8796 ext. 7794.