



Sunday, Feb 4, 2024

Warm-up & Meet Information



LOCATION: Robert F. Busbey Natatorium, Cleveland State University 2451 Euclid Avenue, Cleveland, OH 44115

COACHES: Coaches will be required to show current credentials in order to be on deck. Coaches **MUST** present their registration. Wristbands will be issued to those who verify current coach membership.

MEET WARM-UP AND START TIME

- **Session 1- Events 1-28**
 - 7:30-8:00 AM - All 10 and under swimmers and 11-12 Boys
 - 8:00-8:30 AM- All 13 and over swimmers and 11-12 Girls
 - Competition will begin at 8:35 AM
- **Session 2- Events 29-33 (500 free, 400 IM, 1000, 1650)**
 - Warm-up will not begin before 1:40
 - If necessary, Warm-up will start in the shallow end and conclude in the competition pool.

GENERAL INFORMATION

- **Check-In:** will be required for all events and closes 45 minutes before the start of the session. Swimmers will circle in on the pool deck. Volunteers will be on deck to assist swimmers with checking in and finding their coach. **Please, NO parents in the locker room or on deck.**
 - Session 1 - Check-in closes at 7:50 AM
 - Session 2- Check-in closes at 1:35 PM
- **Fly-over starts:** will be used.
- **Backstroke wedges** will **NOT** be available.
- **Swimmers in 1000 & 1650 MUST provide a timer and counter**
 - Those counting and timing for a swimmer for 1000& 1650 free will be permitted on the deck only to count/time for the swimmer.
- **Deck Entries-** we will not accept any additional entries at the meet
- **Admission Cost:** \$5.00 per spectator per day 65 & Over/5 & Under are free. Please, no bills larger than \$20.00
- **Parking:** CSU charges for event parking (est. \$10.00 per day). Parking lots are available at the corner of Chester and E. 22nd Street or on Euclid Ave and E 24th Street. City of Cleveland meter parking is available on Chester Avenue. Cleveland State University meter parking is available on a very limited basis.
- **Meet Workers:** Check-in will be required for all meet workers on deck, and wristbands will be required to access the deck. Those counting/timing for a swimmer for 1000/1650 will be permitted on the deck only to time/count. We can use extra timers during session 2, 500 free and 400 IM. if you are interested in volunteering, **please email lakeeriesilverdolpins@gmail.com**
- Additional meet information can be found [here](#)
- **12 & UNDER APPROVED SUITS:** [Click here](#) for a complete list of the suits **allowed** for athletes 12 and under. Please make sure your suit is approved before wearing it to a meet.

ONLY athletes, working coaches, officials, and meet workers are allowed on deck. Other non-participants are expected to remain in the spectator area. *Please observe all posted signs, and if you need assistance, locate the meet director or meet referee*

Coaches and meet workers please consider bringing a refillable water bottle to use throughout the meet. Water bottle filler stations are located on the deck.

**LAKE ERIE SWIMMING, INC.
INDIVIDUAL AND RELAY SCRATCH RULE**

Each swimmer/relay team shall be aware of the meet starting time and shall report to the proper meet authorities promptly upon call.

A. Pre-Seeded Meets - Each swimmer/relay team shall report promptly to the Clerk of Course or starting blocks prior to the race in which the swimmer/relay team is entered. Any swimmer/relay team not reporting for or competing shall not be penalized.

B. Events Seeded on the Deck –

(1) Events seeded on the deck shall be closed for seeding no earlier than thirty (30) minutes prior to the start of the session. Host may provide alternate methods of check-in (such as email, phone, fax) for swimmers who do not plan to arrive before the scratch deadline.

(2) Any swimmer who has checked in for an individual event 400 yards/meters or longer must swim in the event unless the swimmer notifies the Clerk of Course or Administrative Official before the seeding of the event has begun that the swimmer wishes to scratch; failure to scratch prior to seeding and not swimming the event will result in a fine of \$25.00 to the swimmer's club or to the unattached swimmer, except as noted in "Exceptions for Failure to Compete" (below). A declared false start or deliberate delay of the meet in events 400 yards/meters or longer is not permitted and will be regarded as a failure to compete.

(3) Any agent of a team (coach, parent, swimmer, etc.) who checks in a swimmer for any event when that swimmer is not present at the meet may cause a fine of \$2.00 per swimmer per day to be levied against that team.

(4) Events seeded on the deck and swum as a timed final with one or more heats swimming with finals shall provide the swimmer the opportunity to indicate their desire to swim only during the preliminary session by indicating this desire by placing a "P" next to their name on the sign in sheet. Any swimmer failing to indicate this desire who does not compete during the finals session shall be subject to a fine of \$25.00, except as noted in "Exceptions for Failure to Compete" (below).

C. Scratching from Bonus Finals, Consolation Finals and Finals

(1) Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final race shall be barred from further competition for the remainder of the meet, except as noted below in "Exceptions for Failure to Compete." If such failure to compete occurs on the swimmer's last day of the meet, the swimmer's club shall be fined twenty-five dollars (\$25.00) by LESI. If the swimmer is not a member of a USA Swimming member club, the swimmer shall be fined \$25.00. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.

(2) In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final when possible with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.

(3) When consolation finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the consolation final and the final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.

(4) If a consolation final has already been contested, the final shall be swum without reseeding for the empty lane(s).

D. Exceptions for Failure to Compete - No penalty shall apply for failure to withdraw or compete in an individual event if

(1) The Referee is notified in the event of illness or injury and accepts the proof thereof.

(2) A swimmer qualifying for a consolation final or final race following preliminaries notifies the Referee or designee within thirty (30) minutes after the announcement of the qualifiers for that race that the swimmer may not intend to compete. The swimmer must declare within thirty (30) minutes following his last individual preliminary event a final intention to scratch or swim.

(3) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.