

**LE Senior Champ Information:**

The psych sheet is up on Meet Mobile. If you find any discrepancies, please contact Cindy Dial at [cvirdo@aol.com](mailto:cvirdo@aol.com) as soon as possible.

There are no assigned warm up times; please plan accordingly.

**Prelim warm- up:**

Friday: 4:00 – 5:30 PM  
Meet begins 5:35 PM

Saturday: 7:15 – 8:45 AM  
Meet begins 8:50 AM (Boys in deep end/Girls in shallow end)

Sunday: 7:15 – 8:45 AM  
Meet begins 8:50 AM (Boys in shallow end/Girls in deep end)

**Finals warm- up:**

Saturday and Sunday not before 3:00 PM

Announcements will be made during prelims with the exact time of warm up.

Check in will be in the racquetball court. Check in will be by team.

**Time trials**

Time trials will be offered on Friday night at the conclusion of the meet. This is the only long course time trial that will be offered.

Time trials on Saturday and Sunday will be offered short course.

Time trials are included in the 3 individual event per day limit.

**Making Waves**

Our swim suit vendor, Making Waves, will be available on Saturday. They are one of seven vendors in the USA that currently have the new Speedo LZR Pure Intent! Stop by and check it out!!